

Dialing in — read the cup.

Does it taste sour or bitter? That single question steers every correction. Keep the diagnosis matrix beside you while you practise — and only ever change **one** dial per attempt.

Extraction diagnosis matrix

What happens	What you taste	What you do
runs too fast — under 20 s, sprays, pale	sour & thin (under-extracted)	→ grind finer (more resistance)
25–30 s · 18 g → 36 g · calm stream	sweet & round ✓ (balanced)	leave it — write the numbers down
runs too slowly — over 35 s, drips sluggishly	bitter & harsh (over-extracted)	→ grind coarser (less resistance)

One dial per attempt. Only ever change one thing — otherwise you never know what worked. The grind first: it is the most powerful dial.

The target recipe

- **18 g in → 36 g out** (brew ratio 1:2).
- **25–30 seconds** flow time.
- **A calm, honey-coloured stream** — no spraying, no sluggish dripping.
- **Time is only a clue** — the tongue decides.

Dial it in.

Your assignment until the next episode: dial in your own bean. Write every attempt into the log — that is how you find your numbers and can repeat them any time.

Dialing log

Bean / date	Grind	g in → g out	Time	Taste & next correction

Remember this

- **Sour → finer. Bitter → coarser.** The sentence that carries you through any bean.
- **Grind first, then the rest.** Measure and time are the fine tuning.
- **Writing it down pays.** Your numbers today save you the guessing tomorrow.